



## King Arthur Flour & Red Star Baking Contest

Wednesday August 21 at 9:00 AM  
Washington County Fair Youth Building

### Prizes:

Youth: First Place = \$40 gift certificate to the Baker's Catalogue	Second Place = \$25 gift certificate to the Baker's Catalogue	Third Place = King Arthur Flour Baker's Companion Cookbook
Adults: First Place = \$40 gift certificate to the Baker's Catalogue & Red Star pizza cutter	Second Place = \$25 gift certificate to the Baker's Catalogue & Red Star oven mitt	Third Place = King Arthur Flour Baker's Companion Cookbook & Red Star flexible kneading board

All winners receive a King Arthur Flour rosette.

All participants receive coupons, yeast packets & a dough scraper.

### Rules:

**(Please note: These may differ from the Department - Open Pastry, Baked & Specialty Foods and Department - Youth Foods Rules)**

Open to any **youth** who is age **10 through 18 years** as of January 1, 2019 and is a Washington County resident or goes to a Washington County school or belongs to a Washington County Youth Organization **OR** any **adult** who is 19 years and older as of January 1, 2019 and is a Washington County resident. One entry per person.

There are two categories as follows:

**Youth Entry:** Prepare your favorite cookie recipe. It must contain fruit and/or vegetable. *The full recipe, preferably typed, must accompany your entry.*

**Adult Entry:** Prepare a whole grain sandwich yeasted bread (baked in a loaf pan). It must contain at least 1/3 whole grain by volume\*. *The full recipe, preferably typed, must accompany your entry.* For ideas visit <https://www.kingarthurflour.com/recipes> or <http://redstaryeast.com/recipes>.

**Youth entries:** Present six (6) cookies on a plate or covered cardboard.

**Adult entries:** Present ½ full size loaf on a plate or covered cardboard.

Exhibitor must bring the opened bag of King Arthur Flour **or** submit a UPC label from the flour bag at the time of entry **or** store receipt stating the purchase of King Arthur Flour.

**Adult entries must also use Red Star Yeast and attach an empty packet or photo to their recipe entry. Contact Either the WCF or CCE Office for the yeast.**

Entries must be delivered to the Youth Building 8:30-8:55 AM Wednesday, August 21, 2019.

One pass will be mailed to each entrant that **requests** it.

Failure to follow the rules may result in disqualification.

The classes are as follows:

A) Department: King Arthur Flour, Open (Adult)

B) Department: King Arthur Flour, Youth

\* If a recipe calls for a total of 5 cups of all grain products, at least 1 2/3 cups must be whole grains – oatmeal, whole wheat flour, rye flour, cornmeal etc.